According to the AutismSpeaks.org, up to 80% of children with autism experience sleep problems, which can lead to increased frustration and stress. Sleep issues such as aggression, hyperactivity, and inattentiveness are common in children with autism.

Apparent familiarity with sleep and common difficulties leads to neglect of a serious problem. 20–30% of children from 3 to 15 years of age have an underlying sleep disorder. In particular, children with such serious disorders as attention deficit hyperactivity disorder (ADHD), intellectual disability (ID), and autism spectrum disorder (ASD) are at increased risk of sleep problems.

Common Sleep Disorders in Children - American Family Physician

Troubled sleep can be caused by poor sleep habits, but it may also signal a more serious medical concern. Left untreated, sleep problems may contribute to academic, behavioral, and social difficulties in children.orking with you and your child to ensure your entire family gets a good night's sleep.

Sleep Disorders in Children: Signs, Symptoms, Types... | Sleep Foundation

For this reason, sleep deprivation is sometimes confused with ADHD in children. Children may also be moody, emotionally labile, and hyperactive, and display oppositional behaviors. Children with sleep problems were more likely to be inattentive, hyperactive, impulsive, and display oppositional behaviors.

Wired and Tired: Electronics and Sleep Disturbance in Children

Sleep difficulties in children are on the rise—and I expect this trend will get worse before it gets better. According to the American Academy of Pediatrics, estimates for the number of children...